

Contents

<i>Preface</i>	ix
<i>Suggestions for Using This Book</i>	xiii

Part 1—Introductory Issues

1. The Changes in Counseling	3
2. The Counselor and Counseling	16
3. The Church and Counseling	33
4. The Community and Counseling	46
5. The Core of Counseling	63
6. The Legal, Ethical, and Moral Issues in Christian Counseling	83
7. The Multicultural Issues in Christian Counseling	100

Part 2—Prominent Issues

8. Depression	119
9. Anxiety	140
10. Anger	158
11. Guilt and Forgiveness	177
12. Loneliness	195

Part 3—Developmental Issues

13. Childhood	213
14. Adolescence	234
15. Twenties and Thirties	256
16. Forties and Fifties	275
17. The Later Years	291

Part 4—Interpersonal Issues

18. Conflict and Relationships	315
19. Sex Apart from Marriage	339
20. Sex Within Marriage	358
21. Homosexuality	376
22. Abuse and Neglect	399

CONTENTS

Part 5—Identity Issues

23.	Inferiority and Self-Esteem	425
24.	Physical Illness	441
25.	Grief	465
26.	Singleness	488
27.	Choosing a Marriage Partner	505

Part 6—Family Issues

28.	Premarital Counseling	523
29.	Marriage Issues	544
30.	Pregnancy Issues	568
31.	Family Issues	587
32.	Divorce and Remarriage	607

Part 7—Control Issues

33.	Mental Disorders	633
34.	Alcohol-Related Problems	656
35.	Addictions	681
36.	Financial Counseling	701
37.	Vocational Counseling	718

Part 8—Concluding Issues

38.	Crises	745
39.	Trauma, Terror, and Terrorism	762
40.	Other Issues	781
41.	Spiritual Issues	803
42.	Counseling the Counselor	827

Part 9—Future Issues

43.	Counseling Waves of the Future	845
-----	--------------------------------	-----

<i>Notes</i>	865
<i>Index</i>	965