

## TABLE OF CONTENTS

### PREFACE

### PART ONE

#### BECOMING A CHRISTIAN

|                                               |    |
|-----------------------------------------------|----|
| I. LOOKING AT VARIETIES OF REPENTANCE.....    | 11 |
| Substitutes for Repentance.....               | 12 |
| Ambivalent Repentance .....                   | 16 |
| Redemptive Repentance .....                   | 19 |
| II. KNOWING GOD'S CREATIVE POWER.....         | 24 |
| The Creative Power of Divine Forgiveness..... | 26 |
| The Creation of New Spiritual Dynamics.....   | 28 |
| III. MOVING TOWARD MATURITY.....              | 34 |
| Human Commitment .....                        | 36 |
| Divine Cleansing .....                        | 38 |
| IV. LIVING WITH CONFIDENCE.....               | 44 |
| The Content of Christian Assurance.....       | 45 |
| Christian Assurance and Psychic Needs.....    | 49 |

### PART TWO

#### KEEPING SPIRITUALLY FIT

|                                              |    |
|----------------------------------------------|----|
| V. UNDERSTANDING MALADJUSTIVE IMPULSES ..... | 59 |
| Acknowledging the Complexes.....             | 59 |
| Seeking Insight .....                        | 63 |
| Recognizing Spiritual Drag.....              | 66 |
| Promoting Christian Maturity.....            | 68 |
| VI. LOOKING AT SPIRITUAL FRUSTRATIONS.....   | 73 |
| The Body: Friend or Foe?.....                | 73 |
| Temptation: Victory or Defeat?.....          | 78 |

|                                                  |     |
|--------------------------------------------------|-----|
| VII. CULTIVATING THE CHRISTIAN LIFE.....         | 82  |
| Knowing the Textbook.....                        | 82  |
| Personalizing Corporate Worship.....             | 86  |
| Making Private Prayer Creative.....              | 90  |
| VIII. MAINTAINING HEALTHFUL ATTITUDES .....      | 96  |
| Keeping an Attitude of Personal Responsibility.. | 96  |
| Conserving Energy Through Sincerity.....         | 98  |
| Advancing Through Aspiration.....                | 101 |

## PART THREE

### LIVING MATURELY

|                                                |     |
|------------------------------------------------|-----|
| IX. LIVING IN SECULAR DAYS.....                | 107 |
| The Psychology of Secularism.....              | 109 |
| Inverted Values.....                           | 114 |
| X. DEVELOPING FAITH CAPACITY.....              | 118 |
| Conditioning Factors of Faith.....             | 118 |
| A Curriculum for Building Faith.....           | 123 |
| XI. PERCEIVING GOD'S GUIDANCE.....             | 128 |
| Maintaining Receptive Attitudes .....          | 128 |
| Using Approved Methods.....                    | 133 |
| XII. DEMONSTRATING DYNAMIC CHRISTIAN LOVE..... | 139 |
| Admirers of Christ.....                        | 139 |
| Love That Motivates.....                       | 142 |
| Bibliography .....                             | 149 |
| Index .....                                    | 153 |