Contents

Acknowledgments	4
Why This Study?	5
Preface: Why This?	9
Introduction: How to Use This Book	11
1. God's Perspective on Beauty	13
2. To Be Worthy of Respect	17
3. Be Not Malicious Talkers	27
4. To Be Temperate	35
5. To Be Trustworthy in Everything	45
6. To Teach What Is Good	53
7. To Love Their Husbands	65
8. To Love Their Children	73
9. To Be Self-Controlled	83
10. To Be Pure	91
11. To Be Busy at Home	101
12. To Be Kind	111
13. To Be Subject to Their Husbands	119
14 A Gentle and Quiet Spirit	133