

# Contents

- 1 *A Problem That Won't Go Away* 11

## **Part 1 Why Is There Such a Thing As Pain?**

- 2 *The Gift Nobody Wants* 21  
3 *Painless Hell* 31  
4 *The Agony, Then the Ecstasy* 41  
5 *The Stained Planet* 51  
6 *What Is God Trying to Tell Us?* 61

## **Part 2 How People Respond to Extreme Pain**

- 7 *Arms Too Short to Box with God* 81  
8 *After the Fall* 99  
9 *On My Feet Dancing* 111  
10 *Other Witnesses* 125

## **Part 3 How Can We Cope With Pain?**

- 11 *Two Enemies of Recovery* 137  
12 *Preparations* 145  
13 *The Preceder* 157  
14 *The Rest of the Body* 167  
15 *A Whole New World Outside* 173

*Sources*