

Contents

PREFACE	7
1 VALUE FOR ALL THINGS <i>1 Timothy 4:8</i>	11
2 DEVOTION TO GOD <i>Revelation 15:4</i>	17
3 TRAIN YOURSELF TO BE GODLY <i>1 Timothy 4:7</i>	32
4 SEEKING A DEEPER DEVOTION <i>Psalm 119:10</i>	46
5 TAKING ON GOD'S CHARACTER <i>Colossians 3:12</i>	56
6 HUMILITY <i>Luke 18:14</i>	72
7 CONTENTMENT <i>1 Timothy 6:6</i>	85
8 THANKFULNESS <i>Psalm 100:4-5</i>	100
9 JOY <i>Romans 14:17</i>	108
10 HOLINESS <i>1 John 1:5</i>	120
11 SELF-CONTROL <i>Proverbs 25:28</i>	131
12 FAITHFULNESS <i>Proverbs 20:6</i>	145
13 PEACE <i>Romans 12:18</i>	155
14 PATIENCE <i>Colossians 3:12-13</i>	167
15 GENTLENESS <i>Galatians 5:22-23, Colossians 3:12</i>	180
16 KINDNESS AND GOODNESS <i>Galatians 6:10</i>	189
17 LOVE <i>Colossians 3:14</i>	201
18 REACHING THE GOAL <i>2 Timothy 4:7</i>	214