

Contents

Foreword	ix
Preface	xi
Acknowledgments	xiii
Introduction: "Go into Your Closet"	1

Part One: Principles of Prayer

1 Praying from the Inside Out.....	13
2 The Ultimate Purpose of Life.....	25
3 The Horizontal Dimension.....	37
4 Preparations for the Secret Closet	51
5 Scripture Praying.....	77

Part Two: Elements of Prayer

6 Petition.....	91
7 Praise, Adoration and Worship.....	99
8 Thanksgiving.....	111
9 Confession: Searching the Heart.....	121
10 Repentance: Healing the Heart	133
11 Hindrances to Prayer.....	149

Appendix A: Prayer Covenant	165
Appendix B: Scripture Praying Outline .	169
Notes.....	171
Bibliography	175