

Table of Contents

Introduction	1
--------------------	---

PART I The Single Most Important Task for Christian Parents

<i>Chapter 1:</i> There Is a Better Way!	7
<i>Chapter 2:</i> Little Pictures Make the Big Picture	15
<i>Chapter 3:</i> Spiritual Training 101	25
<i>Chapter 4:</i> But What If . . . ?	37
<i>Chapter 5:</i> Making a Commitment You Can Keep	51

PART II How to Pass On Your Spiritual Legacy

Introduction	61
--------------------	----

SECTION A Your Family's Portrait

<i>Chapter 6:</i> What Is Your Family's "History of Faith"?	67
<i>Chapter 7:</i> What Pace Does Your Family Live At?	73
<i>Chapter 8:</i> What Are Your Family's Interests?	79
<i>Chapter 9:</i> Identifying Your Family's Unique Personal Strengths	87
<i>Chapter 10:</i> Your Family Portrait: Putting It All Together	97

SECTION B Your Children's Ages and Stages

Introduction	103
<i>Chapter 11:</i> Ages 0–4: Laying the Foundation	107
<i>Chapter 12:</i> Ages 5–6: Establishing and Teaching About Relationships	115
<i>Chapter 13:</i> Ages 7–9: Giving Them the Reasons for Their Faith	121
<i>Chapter 14:</i> Ages 10–12: Helping Them Make the Right Choices	129

SECTION C Ideas and Methods You Can Choose From

Introduction	139
--------------------	-----

	Church-Related Spiritual Training	
	<i>Chapter 15: Church</i>	143
	"On-the-Spot" Spiritual Training	
	<i>Chapter 16: Mealtime</i>	149
	<i>Chapter 17: Drive Time</i>	155
	<i>Chapter 18: Bedtime</i>	161
	<i>Chapter 19: Fun Time</i>	167
	<i>Chapter 20: Teachable Moments</i>	173
	Ideas, Methods, and Tools for the Family	
	<i>Chapter 21: Family Nights</i>	177
	<i>Chapter 22: Family Devotions</i>	185
	<i>Chapter 23: Meaningful Memories</i>	189
	Special Times and Events	
	<i>Chapter 24: Blessing Ceremonies</i>	197
	<i>Chapter 25: Holidays</i>	203
	Ideas, Methods, and Tools for Individual Growth	
	<i>Chapter 26: Quiet Time</i>	213
	<i>Chapter 27: Exploration Time</i>	221
SECTION D	Designing Your Family Spiritual Growth Plan	229
	<i>Chapter 28: Putting It All Together in a Plan</i>	231
PART III	The Content of Your Spiritual Legacy	
	Introduction	271
	<i>Chapter 29: From Hugs to Hosannahs:</i> What Your 0–4-Year-Old Can Learn	277
	<i>Chapter 30: From Friendships to Faith:</i> What Your 5–6-Year-Old Can Learn	291
	<i>Chapter 31: From Bikes to Bibles:</i> What Your 7–9-Year-Old Can Learn	319
	<i>Chapter 32: From Wrestling to Worship:</i> What Your 10–12-Year-Old Can Learn	357
PART IV	Practical Questions and Resources	
	<i>Appendix I: Topical Questions and Answers</i>	387
	<i>Appendix II: Resource List</i>	401
	<i>Appendix III: Memory Verses</i>	425
	Index	435